

What is Long Course, What is Short Course?

"One of our pools is 25 yards wide by 50 meters long. Why isn't the pool 25 meters by 50 meters or 25 yards by 50 yards?"

For years the "American Standard Short Course" pool has been a 25 yard pool. Almost all high school pools and most college pools are 25 yards and all high school and college meets are run as short course meets. Club teams generally swim short course meets from September through March.

The international standard is meters. The Olympics, Pan-American Games, and World Championships are held in 50 meter pools. In this country, most 50 meter pools are outdoors due to the cost of building an indoor 50 meter pool. For that reason our long course season is generally from March through August. As more and more indoor 50 meter pools are being built and as the United States focuses more on international swimming the distinction between the "short course season" and the "long course season" becomes less distinct and more and more meets are going to the long course standard throughout the year -- with the exception of high school and college swimming which will remain short course yards.

At this time we are swimming short course. Eventually we will swim meets that are long course. This will cause some confusion about times. The times will be